

Best of *Success in Soccer!*

Dear reader,

Welcome to **The Best of *Success in Soccer!***

To celebrate our 10th anniversary, we've put together a collection of some of our favorite articles from the past 10 years.

The articles included cover every aspect of soccer coaching, from technique to tactics to condition to psychology, from U6 all the way up to professional adult training. And each one is an example of the high quality you can always expect from ***Success in Soccer***: truly useful coaching information presented in a format that's simple and clear, so you can easily incorporate it into your own coaching.

We've added a table of contents and two different indexes to help you find your way around this CD. To access them, click on the tab or button labeled "Bookmarks" on the left-hand side of the screen. (If you're using Preview to view the articles on a Macintosh, click on the "Drawer" icon in the upper left-hand corner.) Then you can choose the way you want to explore the collection:

Just browsing? The "Table of Contents" lists all the articles by year and issue in the order they were originally published.

Looking for one of the "official" ***Success in Soccer*** categories, like Keeper Corner or Youth Training? The "Index by Category" groups the articles accordingly.

Want to get more specific? The "Index by Topic" sorts the articles by general categories, like Tactics and Technique, and then breaks down each of those into its specific aspects.

To open up any of these three indexes, just double-click on its name or click on the triangle beside it.

And if you want to get really specific, you can also click on the "Search" icon on the File toolbar at the top of the screen (it looks like a pair of binoculars) and type in a specific word or phrase to search for.

Enjoy the collection, and don't forget to visit us at www.successinsoccer.com!

Copyright: © 2007 by SUCCESS IN SOCCER (Philippka-Sportverlag, Konrad Honig, Postfach 150105, D-48061 Münster, Germany). All rights reserved.

Contents may not be reprinted or otherwise reproduced without written permission of publisher.



Playing the Game in

Coaching attacking tactics for all skill levels

by **Erich Rutmöller**, DFB Head Coach for U-15 German National Team



Time pressure, space pressure, opposition pressure: These expressions are part of the vocabulary of soccer. Who hasn't heard coaches and players say, "We have to put pressure on the opponents!" "We've got to take away their space!" "Stop, Look, and Play" may once have been the rule, but players today are

under almost continuous pressure. They have to be able to get out of tight corners, to hold their own when outnumbered, to make decisions at lightning speed. If we want to train players to play in and get out of tight spaces, then we need to reinforce the following skill requirements:

Focus on: Basic Attacking Skills

1. Accurate short-range passing
2. Frequent changes of position; decisive attacking, passing, and running
3. Powerful defensive playing
4. Advancing and retreating in concert with teammates
5. Switching easily between passing and dribbling
6. Long passes that open up the game; awareness of the game beyond one's immediate surroundings
7. Versatility in engaging and disengaging
8. Playing different combinations depending on the opponent's level of aggression
9. Demonstrating individual skills as required
10. Controlling the pace of the game